



LIGHT IT UP ARTS AWARD

Course Outline and
Information

Welcome to Kala The Arts!

Kala The Arts has teamed up with Arts Award with the purpose of actively engaging, entertaining and empowering local communities and audiences across all age groups. By offering various participatory programmes with the objective of being culturally rich and full of positive experiences.

Kala The Arts' core values embrace education and at their heart are committed to bringing life long learning to everybody they reach.



What is an Arts Award?

Arts Awards are a suite of arts-based qualifications for young people, including those from school age, up to 25 years of age. These are nationally recognised qualifications that encourage participants to explore and learn skills within the arts, giving them experiences that will stay with them for life. Upon completion, participants will receive a certificate and a qualification that can be used on higher or further education applications and CVs.

The Arts Award is managed by Trinity College London who are in association with the Arts Council England.

Click [here](#) to find out more.

What qualification will my students get?

This pack gives you the lesson plans and resources needed to take your students through the **Discover Arts Award**. This is the first qualification within the Arts Award programme and is designed for students aged 5 - 9, but is open to anyone under the age of 25.

It can be used as a stand alone qualification, or built upon over time. Participants can work through the ranks all the way up to their Gold Award, which is worth 16 UCAS points.

Click [here](#) to find out more about the Discover Award.

How long does the Discover Award take to complete?

This level is recommended to take 20 guided learning hours to complete, but can be done in approximately 10 hours. We have included all of the lesson plans and resources you need to deliver this course in your setting, based on 10 one hour long lessons. Feel free to adjust this how you wish to suit your needs.

What is the focus of the Discover Arts Award?

This particular pack is focused on South Asian Arts and in particular the topic of Diwali. As part of the course, participants will need to partake in related activities, and so we encourage them to join Kala The Arts at our Light It Up Festival in October. You can find out more about this [here](#).

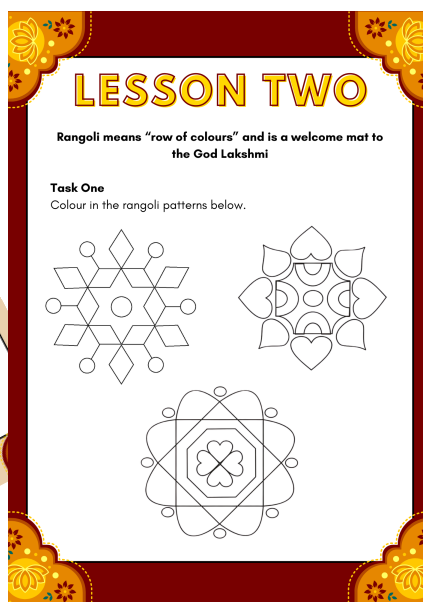
The Discover Arts Award is designed to take children on an artistic journey as they explore the arts all around them, investigate different art forms, research an artist, and then share their discoveries with others. This course boosts their creativity, curiosity, confidence and communication skills. (Arts Award)

What's included and how to use your learning pack

This learning pack will support and guide teachers and mentors in the delivery of the Discovery Arts Award. It includes lesson plans and resources with activities to complete in school and outside of the classroom. Each activity links to a different subject/s within the curriculum, meaning you can deliver your lesson at any point in your timetable - you don't have to find extra time! Also included is a template log book that can be used to provide evidence for assessment.

Each lesson builds on prior knowledge so be sure to follow them in chronological order. The lessons have been designed to be delivered once a week over the course of a six week half term, with the final two lessons being delivered after the Light It Up event. However, this can be flexible, and could even be delivered over the course of one week! You are welcome to deliver this however best works for your setting.

If you think there is anything else that we could include, please do let us know. We know teachers are busy and time poor, so we want to make this as easy as possible for you. If you have any questions or feedback, please contact rachel@kalathearts.co.uk



Course Cost

Each Arts Award does come with a small qualification fee. The fee payable for every young person participating in the Arts Award is inclusive of external moderation and certificate.

Discount is applied where more candidates are entered. Please see table below:

Arts Award Level	Per young person (1 - 24)	Per young person (group of 25+)	Per young person (group of 50+)	Per young person (group of 100+)
Discover	£4.75	£4.45	£4.00	£3.55



COURSE OUTLINE

Below is an outline of the course, with a brief description of the activity, recommended time allocated, skills learnt, log recommendations, and curriculum links. More detailed lesson plans are included further along in the pack.

LESSON ONE: WHAT IS DIWALI?

1 HOUR

In this lesson, students will learn about Diwali, why and how it is celebrated, and explore the story of Diwali further through creative writing.

Curriculum links include: Literacy, Religious Studies,

LESSON TWO: RANGOLI

1 HOUR

In this lesson, students will learn about the creative art of Rangoli, and design and create their own Rangoli.

Curriculum links include: Art, Religious Studies, Maths

LESSON THREE: BHANGRA

1 HOUR

In this lesson, students will learn and engage with the heritage of Bhangra Music. They will learn what it is, where it comes from, and how to create their own music.

Curriculum links include: Music, Religious Studies

LESSON FOUR: KATHAK

1 HOUR

In this lesson, students will engage creatively with Kathak Dance, learning hand mudras and basic footwork, before choreographing their own performance piece.

Curriculum links include: Religious Studies, Physical Education, Dance, Drama, Music

LESSON FIVE: LIGHT IT UP PREPARATION

2 HOURS

In these lessons, students will use maps to plan their parade route for the Light It Up Diwali Festival. They will also design costumes for the festival. Students can also continue practicing their performances from the previous lesson, or practice walking to music. Further information on the festival itself can be found [here](#)

Curriculum links include: Geography, Dance, Art, Physical Education, Music

LESSON SIX: LIGHT IT UP PARTICIPATION

2 HOURS

For this lesson, students are welcome to attend Kala The Arts Light It Up festival and participate in the Diwali Parade. Alternatively, you are welcome to host your own Diwali Celebration or performance event if you wish.

Curriculum links include: PSHE, Religious Studies, Dance

LESSON SEVEN: ASSEMBLY PREPARATION AND PRESENTATION

1 HOUR

In this lesson, students will practice their public speaking skills by preparing and giving a presentation on what they have learned and experienced over this course. They can present their work either in an assembly or in class.

Curriculum links include: Literacy, Drama,

LESSON EIGHT: REFLECTION AND LOG BOOK COMPLETION

1 HOUR

In this lesson, students will have guided self-reflection time and write a summary of what they have learnt. The Arts Award Advisor will visit after this lesson to sign off on all completed projects.

Curriculum links include: Literacy, PSHE, Religious Studies

HOW CAN KALA THE ARTS SUPPORT YOU FURTHER?

You are always welcome to get in touch with us if you have any questions or would like further support on how to use this pack.

Alternatively, we have a wonderful set of teachers who can visit your school to run specific workshops on Bhangra, Kathak, or any other lessons you would like us.

Please contact rachel@kalathearts.co.uk for more information.